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Control Your Life And Addiction In The Privacy Of Your Home

By Sue Merklin

If drugs or alcohol affect your health, quality of life, loved ones and finances, it's time to take control! Change does not have to be radical. It is not necessary to leave home, family and job responsibilities for 30 to 180 days. While inpatient care is advisable for some, in-home treatment is an option for many that are committed to improving life but cannot or will not leave home.



Although mind, body, spirit are the major components of both inpatient and in-home programs this is where the similarities stop. The in-home program is customized to

the needs and desires of the participant. Services include medical and holistic detoxification, addiction and family counseling and spiritual coaching. Optional services can include 24/7 sober coaches, massage, acupuncture, yoga and electronic monitoring for support, validation, accountability. Time schedules are flexible and individualized treatment is the norm as opposed to regimented time frames and group activities.

The recovery team is comprised of local credentialed specialists that will be available to the client for as long as they need them. In most inpatient programs, there is a specific length of time and patients are discharged with just an aftercare plan and minimal contact. The in-home program is always being re-evaluated by the clinicians and clients together to make sure treatment is relevant.

Statistics show that 75% to 90% of inpatient participants

relapse within a year without a well-planned aftercare program. In-home treatment works well in all stages of recovery. It is designed as a continuous stand alone program, a transitional aftercare plan after a facility stay and long term support system as well. The main premise is to make positive life changes from day one in your own environment surrounded by the people in your life and have a consistent recovery team in place at all times. It is easy to start! Take control and explore your options.

Addiction Reach Home manages the in-home practices and acts as a resource for addicts and their loved ones, clergy, legal and medical professionals, corporations and local inpatient facilities. For more information or to schedule a complimentary appointment, call (561) 427-1900 or visit www.addictionreach.com to meet our recovery team.