



The "House Call Doctor" is back and he is bringing the whole addiction recovery team with him! Now you have options!

When you think about addiction treatment, you anticipate going into an inpatient facility for 30- to 90-days and returning home detoxified and well on your way to recovery. This traditional approach has worked successfully for so many people. However, when you cannot or will not interrupt your daily life, you are high profile, your family or business cannot function alone, or you would like an individualized care plan designed especially for you and your timeframe, an in-home program is a good alternative.

Both conventional and in-home treatment includes a medical and mental health component and experienced, well-educated clinicians. Here is how the two modalities differ. The inpatient facility is usually very structured in regard to time and activity scheduling. Group sessions are required. Generally there are no or minimal use of computers or cell phones. Family interaction is usually

limited. Some facilities have family weekends or scheduled visitation. In many cases a facility may specialize in certain ages, genders and/or addictions. After treatment your facility will usually try to arrange aftercare. Inpatient treatment allows you to take a break from real life and concentrate on your addiction.

The in-home model is customized to address the needs of the patient. The time schedules are flexible as well. Each program is unique because the patient can select the concierge services they desire. All sessions are individualized. Cells, phones, computers and other home convenience are not limited. Family counseling is an integrated part of the treatment process. Specialists for all ages, genders and addiction are available as part of your recovery team. Your treatment providers continue to be your support system for as long as you want or need them. The in-home model helps you manage your addiction in your own environment surrounded by the people in your life. Although in-home can provide private in hospital detoxification and medical evaluation as part of their program when there is a medical emergency or an intervention occurs, a residential inpatient facility is advisable. If you are looking for discretion, convenience and comprehensive care in-home, addiction treatment might be right for you.

Addiction Reach Home manages the practices of addiction treatment providers and acts as a resource for addicts and their loved ones, clergy, the legal and medical communities, corporations and local inpatient facilities. For information or to schedule a complimentary home visit, call (561) 427-1900 or visit www.addictionreach.com.